

Round About

*the villages of Langford Budville
and Runnington*

December 2022/January 2023



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Welcome...

To the December 2022/January 2023 edition of Round About.

December is a time for family and friends. We will all be busy, and Round About will take a break. **There will be no January newsletter**, so hopefully all the information has made it into this issue. Please, if any events do not make it in, let me know so I can chase the contributors next time around.

There's quite a lot of important business going on, so there is less room for the fun things, but we do need you to think about all the new initiatives and how you might be able to help. The **Parish Council**, the **Village Hall**, the **Churches** and all the various societies and community groups within the village should be represented in these pages, but we can only put the information in if we get it. There's a new **Community Fund** to help anyone wanting to put on events for the benefit of the community.

My own plans are a bit unsettled and will affect **Round About**: I plan to move to Wales in the New Year, and we must start making plans for the magazine. Please take a moment to read our plea for your help and let us know if you'd like to be part of the team. Also looking for help is the **Village School**, who are seeking School Governors, and the **Greener Langford Budville** group, who along with the Parish Council have facilitated a new **Jubilee Wood**. We will need your help with the planting of trees, and would love the children to be involved—something they can look back on with pride! This is especially important in the light of the loss of so many of our **Ash Trees**.

We have lots still going on in the villages: **Budvue** has scheduled a matinee, **Café Plus** is offering home-made Christmas goodies, St Peter's will have a **Christmas Soup Lunch**, and there'll be Christmas **Friendship Circle** and **Langford Ladies** meetings. The **Greener Gardening Group** and the **Conservation Volunteers** will be meeting as usual. You will find the basic information inside in the **What's On** table, with more detail scattered through the magazine. The index will point you in the right direction. All these groups welcome new members: contact information will be inside. We couldn't produce a magazine of this quality without our **advertisers**, and we have a few new, local advertisers who would welcome your support.

And so to Christmas: the month will start with the **Lighting of the Tree at St Peter's**, and there'll be a **Christingle Service** at Runnington - great for the children - and **Christmas Holy Communion** at St Peter's. With energy costs at record highs, instead of Christmas lights why not decorate a window for Christmas and make Langford Budville a **Window Wonderland**. Even if you don't have a suitable window, do take a stroll around the village and guess the Christmas songs, and drop a vote for your favourite off at Sunnyview! There'll be a prize for the best.

A very **happy Christmas and a jolly New Year** to all our readers, our contributors, proof-readers, distributors and our advertisers. We couldn't do it without you!

Saranne Cessford and the Round About Team.

Tryphena Huntingford, Jane Hancock, Denise Hunt and Alison Eland

What's On:

Function	Venue	Date	Time
Police Beat Surgeries	Jubilee Hall Car Park	Wed. 7 Dec.	2.00 - 3.00 pm No Jan Date
Parish Council meeting	Jubilee Hall	Mon. 12 Dec. Mon. 9 Jan.	6.30 pm—all welcome
Lighting of the Xmas Tree * bring a torch!	St Peter's churchyard	Sat. 3 Dec.	5.30 pm
Friendship Circle: Xmas sing-along	Jubilee Hall	Fri. 2 Dec.	11.00 am - 12.30 pm
Conservation workgroup: Triangle tree planting	Triangle	Mon. 5 Dec.	10.00am - lunch
Café Plus: Seasonal & Homemade Sale	Jubilee Hall	Sun. 11 Dec.	10.00 am - 12.30 pm
Friendship Circle: Christmas Party	Jubilee Hall	Fri. 16 Dec.	Fully Booked
Budvue: The Railway Children Return	Jubilee Hall	Sat. 10 Dec.	*2.00 pm matinee 7.00 for 7.30 pm
Christingle Service	Runnington Ch.	Sun. 18 Dec.	4.00 pm
LB Window Wonderland!	Langford Budville	Evenings from 18 December	
Soup Lunch	St Peter's Church	Tues. 20 Dec.	12.00 noon
Christmas Holy Communion	St Peter's Church	Sun. 25 Dec.	9.30 am
Conservation Work group: Prep. For Jubilee Wood	Langford Lakes carpark	Mon. 2 Jan.	10.00 am - lunch
Friendship Circle: New Year Coffee & Chat	Jubilee Hall	Fri. 13 Jan.	11.00 am - 12.30 pm
Café Plus: Book & game swap	Jubilee Hall	Sat. 14 Jan.	10.00 am - 12.30 pm
Jubilee Wood Planting	Langford Lakes/ Middle Hill Farm	Sat. 14 Jan & Sun. 15 Jan	Book a slot - see p. 5
Sustainable Gardening Group	Martlet Inn	Mon. 16 Jan.	6.30 pm
Soup Lunch	St. Peter's church	Tues. 17 Jan.	From 12,00 noon
Budvue: Mrs Harris goes to Paris	Jubilee Hall	Sat. 21 Jan.	7.00 for 7.30 pm
Friendship Circle: Talk by D. Follett, paralympian	Jubilee Hall	Fri. 27 Jan.	11.00 am - 12.30 pm

Budvue Cinema

Downton Abbey: A New Era proved to be a popular film and was enjoyed by everyone who came. Set in 1928, it carried on the story of the life of the characters associated with the grand house and ran the full gamut of emotions. Dame Maggie Smith as the matriarch gave a stunning performance. In keeping with the grandeur of the setting, HMY Britannia stood in for a cross channel ferry. Even those who have never seen Downton Abbey before were captivated by the film.

On 10 December we are showing **The Railway Children Return** with the main showing at 7.30pm as usual and also a matinee show at 2.00 pm when children can come for only £2.50.

It's 1944 and World War 2 is raging. Bobbie (Jenny Agutter), one of the original Railway Children but by now a grandmother, welcomes a group of evacuees from Salford to her home in Yorkshire. One day they encounter a young African American GI (Kenneth Aikens) who, like them, is far away from home, and who is hiding from the authorities. Those of you who saw the original film should come to see this latest story, you will enjoy it.



Our **Winter 2023** season starts on 21 January with the eagerly awaited **Mrs Harris Goes To Paris**. This has only just been released for licensing outside of the major cinema chains and is subject to confirmation. Look for more info on the Budvue signs and posters in the new year for the full season schedule.

Films start at **7.30pm** and still cost only **£5.00** with a bar and ice-creams available.

Tim Wyatt

LANGFORD BUDVILLE
CAFE PLUS
SEASONAL SALE

SUNDAY 11TH DECEMBER 10AM-12.30PM AT THE JUBILEE HALL
FESTIVE CAKES AND HOT CHOCOLATE WILL BE AVAILABLE IN THE CAFE.

**PLUS THERE WILL BE AN OPPORTUNITY FOR YOU TO BUY OR SELL ANY SEASONAL
HOMEMADE PRODUCE OR HANDCRAFTED ITEMS TO CAFE PLUS VISITORS.**
IF YOU ARE INTERESTED IN SELLING GET IN TOUCH BY EMAIL OR JUST COME ALONG TO SET UP AT 9.30AM ON THE DAY.

WE'LL ALSO HAVE OUR REGULAR FEATURES WHICH INCLUDE THE CAFE, BAKERY GOODS,
GARDEN PLANT & PRODUCE SWAP OR DONATE.

WE LOOK FORWARD TO SEEING YOU THERE!

For more info please contact lbcafeplus@gmail.com

News from the Villages

Langford Budville Parish Council:

I'm sure not everyone reads this magazine from cover to cover every month, but I would like you to just take the time to read our monthly update. Why? Because your Parish Council is always looking at ways to interact with you, and we want to make you aware of the good work taking place within the Parish thanks to a great many people. We are keen to be involved in anything happening in the Parish, and our articles will be a positive breakdown of what is going on. So, please give us your attention every month for the 3 to 4 minutes it will take to read this. Thank you!

Brilliant news: our new website (langford-budville.co.uk) is now online. It's taken a lot of work, and many people have been involved in putting it together. Without the help of parishioner Charlie Jacoby the website would not be available, or look as good as it does. There are still some items to be added, e.g. back-dated Round About magazines, but everything is in hand and the updates will happen over the next few months. Please take a look, and tell us what you think. Contact email addresses are in the back of the magazine.

Finger Posts: Hopefully, you've noticed **a number of fingerpost signs have been refurbished**, and are looking good as new. A dedicated team have worked extremely hard to improve the look of them all. One of the more visible refurbished ones is the fingerpost on the Milverton Road junction, which was in a terrible state of repair, but now looks like something to be proud of. The team have only one more fingerpost to do, which points the way to Runnington. Thank you to everyone involved for making this happen. When I drive around the surrounding parishes, it makes me proud to look and know we are the only parish in the wider area restoring any fingerpost signs.

Reynolds Car Park: Some of you will know where Reynolds Car Park is situated, but you may not know that its upkeep is the responsibility of your Parish Council. Despite our funds being stretched, we have found a way of funding the new fencing desperately needed. We've had a lot of help from local residents Darren and Chris Wilson, and a number of parishioners are helping with replacing the old fence with a new one. Thank you to everyone involved.

Jubilee Wood project: Local resident Ian Loudon has worked incredibly hard, with the help of the Hendy family, to instigate this. Your Parish Council are proud to have been involved from the beginning, and will continue to be for as long as Jubilee Wood exists i.e. a very long time.

We have an ambition to make everyone proud to be living in Langford Budville Parish. In 2022 a large number of villagers have volunteered their time to make a difference. To everyone who has given up some of their precious time, regardless how big or small, a huge thank you from your Parish Council.

We wish everyone a very **Merry Christmas and a Happy New Year.**

Derek Sowden: Chairperson, Langford Budville Parish Council

Round About needs your help

This is an urgent request from the editorial team: **we are going to need your help** if we are to keep our little magazine going. If you think you might be able to contribute to Round About in any way, please get in touch with us. I will be moving to Wales next year, and we must begin succession planning. For the last eight years I have, originally with Marilyn Lilley who designed the magazine, prepared the copy for printing every month. It requires some degree of computer skills as well as a good working knowledge of correct written English. The current team have many of these skills but we are all busy and lead demanding lives. We are all volunteers, and we really need more help.

The magazine is assembled for printing in **Microsoft Publisher**. For anyone who is familiar with the Microsoft Office family this should not be difficult to learn. I should be able to train you as long as you are competent with Word/Excel/PowerPoint etc. And before you ask, no, we can't do it in Word: it simply does not have sufficient flexibility. Please, if you know Publisher, Photoshop (or any other good layout program like Adobe InDesign), and think you could help, do get in touch. The more people on the team the less work for each!

We also need help with organising distribution, fetching the magazine from the printers, writing articles, page design and illustrations, so even if you aren't particularly adept on the computer we'd love to hear from you.

Most of the **photos** used over the years on the cover and inside are mine, so we'll need to get input from the photographers amongst you. We can set up a central file online (Dropbox or icloud) where you can post photos for the team. We attribute any used on the cover or in articles (but not the collage). Remember, people photos do require subject permission. Photos should be fairly high resolution, local, seasonal or topical. For the cover they need to be in portrait format (or crop to that format) and preferably with a top and bottom section for the titles that's not too busy.

The Round About design has not changed in eight years so perhaps it is time for a new look: any ideas for this and for what should be included are very welcome.

Financially, **Round About** is sound, with advertising income covering the cost of printing with a small excess for stationery and stamps. We have not raised our rates since we started!

If you would like to join the **Round About** team, or have some suggestions for how Round About should continue, please in the first instance contact me, and try and come along to one of our planning meetings in the New Year. Different perspectives are very helpful and all suggestions welcome. Thank you!

Saranne Cessford, on behalf of the editorial team.

Tryphena Huntingford; Jane Hancock; Denise Hunt; Ali Eland
lbr.roundabout@gmail.com

Planting the Jubilee Wood

Middle Hill Farm (Langford Lakes)

Saturday 14th and Sunday 15th January 2023

You will not want to miss this event! Come with family and friends at a time-slot of your choice. You might want to spend an hour or more and plant up to 20 trees. Bring refreshments to share and spades to make slots for small, bareroot saplings. Virtually no digging involved but there will need to be tree shelters - ugly but essential to protect against deer and rabbits. About a quarter of these are biodegradable as an experiment.

There are 600 trees and 200 shrubs to be planted, most of which we hope to plant on the Saturday, with Sunday morning available for those who would prefer that.

It's in a field on the **Langford Lakes** farm (and with the Hendy family's close involvement) next to **Bindon Lane**, just on the left as you would leave with your Christmas tree. We would love it to be a whole village event involving lots of children who might one day say, "I planted that!"

I have a list of about 60 potential volunteers whom I will contact just after this issue of Round About appears. If you think you may not be on that list and would like to be, please contact me. There will need to be a booking slot system to avoid queueing.

Ian Loudon (ifloudon@googlemail.com)

LANGFORD BUDVILLE WINDOW WONDERLAND!

LAST YEAR BUTTS LANE RESIDENTS
DECORATED THEIR WINDOWS AS THE 12 DAYS OF CHRISTMAS.

THIS YEAR WE'D LOVE VILLAGERS TO DECORATE A WINDOW WITH THE THEME CHRISTMAS SONGS
TO CREATE A LANGFORD BUDVILLE WINDOW WONDERLAND. ANYTHING GOES!

ANYONE WISHING TO PARTICIPATE SHOULD HAVE THEIR WINDOW DISPLAY COMPLETE BY THE 18TH OF DECEMBER.
THERE WILL BE A PRIZE FOR THE BEST WINDOW IN THE VILLAGE. GOOD LUCK GUESSING THE SONGS.
WE CAN'T WAIT TO SEE THEM!



Cafe Plus

November's Cafe Plus was all about making your own Christmas cards: the children of Langford Budville stole the show under the guidance of Ali, Juliette and Pippa. Meanwhile the Cafe was its usual hub for neighbours to catch up whilst enjoying a latté and cake.

There will be more hand-crafted cards at December's Cafe Plus on the 11th (Jubilee Hall; 10 – 12.30pm), which is a "free for all" sell or donate your Christmas creations: mince pies, Christmas gifts, Christmas decorations, cards, wreaths, preserves etc.

If you have something to sell or donate just turn up on the day at 9.30am. We do ask you have a float and look after your own sales. There will also be hot chocolate and mince pies at the cafe in addition to the usual fare.

January sees our first **Saturday cafe** on **January 14th**, with a **book and games swap and play**. lbcfeplus@gmail.com

Jane Hancock



Somerset Bus Partnership Welcomes Flat Rate Fare Proposals

Somerset Bus Partnership welcomes the Government's plan to provide up to £60 million to enable bus operators to cap single adult bus fares at £2. The £2 flat fare comes in **from the beginning of January and will continue through to end March 2023**. Most bus operators are expected to adopt the scheme.

Somerset Bus Partnership will continue to work closely with Somerset County Council to encourage bus use and ensure implementation of the **Bus Service Improvement Plan** across the county. For more information contact us at:

somersetbuspartnership@gmail.com

<http://www.somersetbuspartnership.co.uk/>

<https://www.facebook.com/Somerset-Bus-Partnership-105704811629827>

Congratulations:

To Richard Hutchings on completing his first London Marathon, and raising £1920.67 for **Reminiscence Learning**. He is seen here presenting them with the cheque.





News from the Jubilee Hall

The Hall is pleasingly busy these months. In addition to normal weekly activities we have also hosted the Rotary Club of Taunton Vale with their night time Moonraker walk, the Friendship Circle and the Community Café in recent weeks. It is good to see that the school will be holding both their Christmas production at the Hall and an end of term disco. We will also host a wedding before Christmas and several children's parties. We are closed over Christmas and New Year between 23rd December and 3rd January inclusively.

A big thank you to Zenah Rowe who is stepping down from the Trustees after many years of service. Zenah is one of the longest serving Trustees but will continue to be involved with us as keyholder and barperson amongst other things.

During the Winter we are working out a long-term plan for capital and maintenance expenditure as the Hall passes its tenth anniversary. Please feed in any ideas on your priorities for the Hall going forward. We are also thinking about village events for next year, and would be really grateful to have your ideas and help. Suggestions at this stage include live-streaming major sporting events, a Big Breakfast, a Dog Show, Coronation celebrations and staging a pantomime.

Thanks as ever to our trustees, key holders and to those who quietly make things happen maintaining the hall fabric. In the last few weeks Keith Moore, Tim Seddon and Tim Wyatt have all spent a great deal of time fixing a diverse set of problems including blocked gutters, a malfunctioning thermostat, sticking doors and residual issues resulting from the laying of the new floor. I am also very grateful to Mike Grabham who in addition to treasuring, restocks Hall supplies and to Margaret Brown who manages bookings and many other things to do with the Hall. And as the year closes, renewed thanks to Rosina who keeps the hall clean and to Steve Care who keeps the outside space tidy.

Happy Christmas and best wishes for 2023!

Michael Huntingford, on behalf of The Village Hall Trustees



The Jubilee Hall is an ideal venue for a wide variety of events including wedding receptions, parties and dances, shows and concerts, club and society meetings, fetes and community events, conferences, meetings and training days

The main hall seats up to 150 theatre style, or at tables

The comfortable committee room has seating for 36

Large, well equipped kitchen

Spacious foyer and cloakroom Gravelled patio + grassed terrace

Easy access and parking for 40+ cars Full bar/entertainment licence

State of the art sound and projection High speed broadband

For booking availability visit www.lbjubileehall.com

LANGFORD BUDVILLE CAFE PLUS CALENDAR 2022/23

ALONGSIDE OUR REGULAR FEATURES WHICH INCLUDE THE CAFE, BAKERY GOODS, HOMEMADE GOODS, GARDEN PLANT & PRODUCE SWAP WE WILL HAVE THE FOLLOWING HAPPENING OVER THE NEXT FEW MONTHS AT THE JUBILEE HALL.

SEASONAL & HOMEMADE SALE
SUNDAY 11TH DECEMBER 10AM-12.30PM

BOOK & GAME SWAP
SATURDAY 14TH JANUARY 10AM-12.30PM

VALENTINE BAKE OFF
SATURDAY 11TH FEBRUARY 10AM-12.30PM

REPAIR CAFE
SATURDAY 11TH MARCH 10AM-12.30PM

COMPLIMENTARY THERAPY FAIR
SATURDAY 15TH APRIL 10AM-12.30PM

Please contact lbcfefplus@gmail.com for more info



Our School

Langford Budville Church of England Primary School is looking for people in the Community to become School Governors.

As a governor you will be a volunteer who makes a vital contribution to the success of the school. We invite applications from anyone who is interested in helping the school be the best it can be, and full training and support is available.

We are looking for someone who can attend approximately ten full governing body meetings per year. Meetings are held in school, usually on Tuesday evenings from around 6pm to 8pm. Governors also spend time in school during the day (around two morning or afternoon visits per term).

School governors have three main roles.

- **Governors ensure clarity of vision, ethos and strategic direction.** The governing body helps to set long-term plans for the school, decide where improvements need to be made and how to make them.
- **Governors hold the headteacher to account for the educational performance of the school and the effective and efficient performance management of staff.** The governing body looks at the quality of education being offered and ensures the head is doing everything possible to improve results.
- **Governors oversee the financial performance of the school and make sure its money is well spent.** Governors examine budgets and spending proposals to monitor whether the school is getting value for money and ensure the money is spent in the right areas.

You must be 18 or over to apply and all governors must have Disclosure and Barring Service (DBS) checks.

If you would like to find out more, you are welcome to have an informal chat with Bettina Walker, the Clerk to the Governing Body, who can be contacted at bewalker@huish.education or via the school office.

*Helen Morley: Executive Head Teacher
Langford Budville Church of England Primary School.*

LANGFORD BUDVILLE COMMUNITY FUND

If you'd like to do something for the social, environmental or cultural benefit of the parish and its people, please ask the Community Fund for support.

Administered by representatives from the Parish Council and Jubilee Hall, the Community Fund has been designed to help new ideas get off the ground.

Usual awards will be up to £100 and your request will be decided on quickly.

Full details can be found on the parish website, or you can email

LBCCommunityFund@Tutanota.com

Friendship Circle



We had a quiz set by Roger Orme, during our coffee and chat on October 7th with a good mix of questions; no-one scored 100%!

We had another very well attended meeting on October 21st. Kay Townsend's talk on her connection to life in the fairground world was very informative, amusing and at times shocking. She concentrated mainly on the themes of freak shows, the wall of death and flea circuses and how they developed from Medieval times to the present with their heyday during the Victorian period. A lion riding a motorcycle on the wall of death and a film of a flea circus in action were perhaps some of the highlights. She has many other subjects in her repertoire so she may be back to entertain us again.

The Christmas shopping trip to Cardiff was popular and we were very lucky that the weather stayed dry whilst we were there where some shopping, sightseeing and eating ensued!

The next meetings are:

2nd December - Christmas singalong with Gibby Swain

16th December - Christmas Party (fully booked)

13th January - Happy New Year coffee & chat

27th January - Talk by David Follet: Paralympian

10th February - Valentine's Coffee & Chat

All the above meetings 11.00 am - 12.30 pm in the Jubilee Hall (unless otherwise stated). The £2 entry includes one raffle ticket

Pam Farr/ Barbara Hughes

Langford Budville Community Fund

The new **Community Fund** has been started from profit made from previous community events, such as fetes gone by and the recent Jubilee activities.

It can be used to initiate similar events or completely different activities: there is no need for them to be money-making but they **must** be of benefit to the **whole community**. Activities that become regular, such as **Café Plus** or a new club, can return any profits to the Fund to support future ideas. A parish treasure hunt or recycling point are examples of one-off expenditures.

Don't let a shortage of finance be a reason for your idea not to blossom. Make things happen in the Parish and then inspire others by writing it up for **Round About** magazine!

Greener Langford Budville: Ways forward

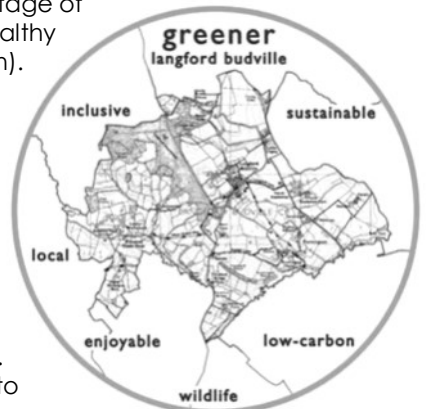
About 40 people came to the Jubilee Hall to learn more about the recent **Biodiversity** and **Low-Carbon Travel studies** and to discuss how to take initiatives forward to practical plans. We were delighted that Anita Roy from **Transition Town Wellington** chaired the discussion. Councillor David Mansell from Wiveliscombe and Nick Girone-Maddocks also attended, and contributed to the discussion on **reducing our carbon footprints** following a presentation on the topic by Ian Loudon. The information in this article is focussed on enabling you to find out more on the topics and whom to contact to get involved. All the reports are on the new Parish website – langford-budville.co.uk

A safe cycle-way to Wellington

Juliet Shrimpton has led the drive to enable us to get out of our cars safely. The Somerset County Council grant to travel consultants has resulted in a preferred potential cycle route using the road from the triangle to Runnington together with a new cycle path adjacent to the B3187 from Runnington junction to Tonedale. The estimated cost was £310k (2022) with the bulk of that money required for the dedicated offroad path. The big issues are around management of vehicles to make the Runnington road safe and making sure that diverted traffic does not make existing problem areas in the parish worse. The report has already been distributed to local councils to help pursue funding and maintain support for necessary Highways inputs. However, there is still plenty to do locally to ensure the best and quickest outcomes to make a safe route to Wellington from Langford Budville for cyclists and walkers. Signage, traffic calming measures, speed limits and car sharing were all discussed as potential contributions to positive change. Please contact Juliet to join the group making this happen – julietlbbc@gmail.com.

Biodiversity audit – maximising our potential

The report that Hannah Montag presented is rich with parish maps illustrating every possible aspect of our natural world and how we are interacting with it. Key positive points were the substantial percentage of ancient woodland within the parish and the healthy state of the River Tone (at least up to Wellington). There is great potential to collectively manage the land and water resources to improve **connectivity**. There are also easy wins that could have a significant positive impact, such as **reducing light brightness** around the church and Swifts. Bats and reptiles are doing quite well in the parish but hedgehogs and many bird species are struggling. There is a good opportunity for anyone interested in observing particular species or habitats, such as orchards. The new Community Fund could be accessed to



add to the **Library of Things** if that were needed. **Citizen science has great potential here.** You can find like-minded parishioners at the Greener LB groups already meeting regularly and access support for new initiatives. Please share if you have any contacts with other local wildlife groups.

Reducing our carbon footprint

Ian Loudon produced some very thought-provoking slides comparing our average household carbon footprint with that of nearby communities and the national average. We fare very poorly (160% national average) primarily because we have no mains gas, no shops and are relatively prosperous and thus consume more than most. A personal carbon calculator can be useful to assess the impact of changing life-style choices but the relative change is more informative than the actual number.

Improving our leaky housing would be a good start, as would generating more renewable electricity. The information on what to do in your own house is available (**Centre for Alternative Technology, Centre for Sustainable Energy**) but voluminous and confusing. We could do with a retrofit co-ordinator: is anyone interested in that role? Transition Town Wellington would be interested in running a shared “**warm room**” with accessible information on this topic. Nick Girone-Maddocks was great at explaining the current EPC (**Energy Performance Certificate**) system needed as part of house sales, which focusses on energy use and heat retention. Did you know current building regulations require 30cm of loft insulation?

The Jubilee Hall will be revisiting energy generation. I would be interested in being part of a group to help with house retrofitting, something in which Councillor David Mansell has considerable experience. Please get in touch. The meeting ended with the distribution of the very generous raffle prizes. Clair Care won a free EPC assessment. Hannah won £100 towards retrofitting, Louise Bancroft the White Post lunch and Tim Dyer the box of locally grown goodies.

Tryphena Huntingford

Conservation and Wildlife

The conservation volunteers meet on the first Monday of the month, and work on various projects all of which aim to support wildlife and encourage biodiversity within the Parish and beyond. They always welcome new faces and anyone interested should contact Ian Loudon, email below.

On **Monday 5 December** the conservation volunteers will meet on the **Triangle** to plant sapling trees to replace those lost to Ash Die-back disease. On Monday January 2, we'll be preparing the ground for the Jubilee Tree planting. Meet at Langford Lakes carpark.

Ian Loudon (ifloudon@googlemail.com)

Green Fingers: Growing Trees

Reg Hendy and his family have a long history of active support for the community of Langford Budville, including long-term sponsorship of the “**Green Fingers**” page of Round About. With the new **Jubilee Wood** to be planted on their land at **Middle Hill Farm** in **January**, it seemed a good time to celebrate this.

Reg comes from a Somerset farming family. He and Ann moved to Middle Hill Farm in 1971, starting out with only 20 acres. As an agricultural engineer, repairing tractors and agricultural machinery was an important part of Reg’s business. The farm has always been run innovatively with an eye to imaginative diversification. The five acres of ponds (**Langford Lakes**) were originally dug between 1980 and 2000 to provide irrigation water for potatoes to enable them to be grown to a standard baked potato size. Sheds were insulated and modified to store potatoes in a controlled environment. With the move away from potatoes, the lakes were used for carp fishing for some years and are now part of the attraction of holidaying in new lodges on the farm.

Forestry was always attractive to Reg, so growing Christmas trees was a natural transition: planting started in 1991 with first sales in 1999. The 40-acre **Christmas Tree Farm** is now well known and has made buying the annual tree into a fun outing. There is a delightful **Christmas shop** at the farm, and the drive out is beautiful as it wends its way through the Christmas trees and through some indigenous woodland along the stream. The combination of the ponds, forestry and regenerative farming has made the farm into a wildlife haven. Roe deer occasionally eat the trees but the birds, fungi, reptiles and otters etc that are observed through the year more than make up for any damage.

Langford Lakes is very much a family business employing the skills of many different members: Reg regards himself as just the “oldest member of the team”. The business has 25 local employees over the Christmas period and Reg would welcome more locally-made crafts to sell in the shop. He remains interested in innovation that keeps our community strong and diverse.

Tryphena Huntingford



LANGFORD LAKES

Local Family Run
Christmas Tree Farm
set in the heart of rural
Somerset

Call us on **01823 400476** or visit www.langfordlakes.co.uk

Langford Ladies - Antarctica

Our November meeting was opened to all-comers as we knew the subject was of wide interest: Saranne gave the 30 or so attendees a richly illustrated talk of her cruise taken 10 years ago in Antarctica.

The excellent cruise organisation meant the passengers could enjoy extraordinary proximity to the very rich wildlife of the icy south. From the off, the ship was trailed by a variety of sea birds including several albatross species with up to 11ft wingspans. The Falklands, South Georgia and the Antarctic peninsula between them host many species of penguin, seals and sea-lions, whales and sea birds. We saw King penguin colonies with over 100 000 birds stretching into the distance above huge numbers of elephant seal, and rock-hopper penguins nesting in amongst albatross nurseries. A particular Attenborough-like highlight was a pod of orcas coordinating their manoeuvres to unseat a leopard seal (unsuccessfully).

The geology information was fascinating with photos of "stone runs", double folded valleys and a taster of the plate tectonics and their connections with the geology of South America and southern Africa. Saranne's introduction to the vocabulary of icebergs and floes and the wild weather of the Antarctic was also very informative: katabatic winds up to 200mph and a continent that holds about 75% of the world's fresh water. The cruise followed parts of Shackleton's historic journey and the challenges he faced and thus reminded us why he is held in such awe. (Saranne managed to get her kayak stuck in the ice too!) An extraordinary, unforgiving and mesmerising continent.

The next meeting will be a
**Christmas supper at Harpford Farm
on December 14.**

Details to follow by email. The
January planning meeting will take
place on Wednesday 16 January,
Venue to be decided: details will
be circulated by email.

Tryphena Huntingford



Seasonal Treats - Christmas Sprouts

Christmas Sprouts with Chestnuts and Bacon

Chestnuts make a great accompaniment to Brussel sprouts. If you then add a bit of bacon too, even the most hardened Brussel sprout critics will be spooning them onto their plates.

If you are an experienced forager, you can gather your own chestnuts – there is an abundance at the moment due to it being another mast year. Otherwise, you can buy them, frozen, vacuum packed or fresh in their shells. If you buy fresh ones, soak them in water for an hour or two for easy peeling and roast for 25 mins at 200°C (cut the shell down one side first to prevent them exploding). Let them cool, remove their shells and continue with the following recipe.

Recipe

Ingredients

1 kg Brussel sprouts trimmed
6 rashers of smoked streaky bacon cut into bite-size pieces
200 g chestnuts
50 g of butter

Method

Bring a large pan of salted water to the boil, add the Brussel sprouts and cook for five minutes, drain and run under cold water.

Heat a large frying pan, add the bacon pieces and gently fry for 10 minutes until crisp. Take the bacon out of the pan and leave the fat behind. Add the chestnuts and fry over a high heat for about five minutes until tender, stirring occasionally. Remove and set aside.

Add the Brussels sprouts to the pan with a splash of water, cover and finish cooking over a medium heat for five minutes stirring now and again.

Uncover, turn up the heat and add most of the 50g of butter and sauté for two minutes. Tip in the bacon and chestnuts, season, add the last knob of butter, serve and enjoy.

Jane Hancock



Living Well: Working At Home

Rest Set alarm
Go to sleep at a reasonable time, and get a good night's sleep

Get Up
Shower
Dress properly
Feel like you are ready for the world

Commute home
Another ritual that signifies the end of the working day: meditate, a drink in the garden, yoga



Breakfast eat a proper breakfast

Feeling Sluggish, Stressed & Tired?



Think routine, rest & Self care

Commute to Work: a morning ritual; that signifies the beginning of your workday e.g. a coffee in your favourite chair or a short walk

Exercise

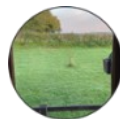
Get outside
Take a walk, cycle or run
Stay hydrated



Try some of these tips so you can live well whilst working at home



Lunch Have a proper lunch and take a set break.
Stay hydrated



20/20/20
Every 20 minutes look 20 ft into the distance for 20 seconds. Be near a window



Comfortable workspace Follow the guidance for best posture whilst working at a computer

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Aid digestion

Keep well



Langford Heathfield Nature Reserve: Ash dieback safety works

As I'm sure many of you are aware the UK's ash trees are very sadly being attacked by ash dieback disease. This fungal disease arrived from the continent a few years ago and is now widespread in our ash trees. The current advice from the Forestry Commission suggests that this disease will kill the majority of our ash in the next 10 to 15 years, with only 1 to 5% surviving. If this prediction proves to be correct our woodlands and countryside will look very different in a couple of decades time.

The **Somerset Wildlife Trust** policy is to try and retain as many ash as possible, as it is highly likely that even the few trees that survive will show symptoms, with dying branches etc. Unless there is a clear health and safety risk, we will not be routinely felling diseased trees. Unfortunately, many ash trees at Langford Heathfield, including some very large ones, are alongside the roads and paths, and these will have to be felled as many are showing signs of the disease.

This is not work that the Trust wishes to do, it is expensive, difficult and ecologically damaging, but in order to ensure public safety we have no choice. Across the County felling diseased ash is likely to cost us around £600,000

This ongoing safety work will continue this winter, with trees being felled in many areas where they are next to roads, paths and adjacent properties. The bulk of the felling will be at the southern end of the reserve alongside the road from the Bindon Farm entrance down towards White Post Nursery and also alongside the public footpath down towards The Cottage. At times the short nature trail within the reserve will have to be closed to allow some of the felling to take place.

The ash tree on the **Two Ashes triangle** will also have to be felled as it is now showing significant signs of the disease. This will be replaced by 2 or 3 oak saplings grown from acorns collected on the reserve two years ago: they will be planted by children from **Langford Budville Primary School**.

Very occasionally trees other than ash will also need to be felled, for example where an oak tree with significant rot at the base is growing just behind a group of roadside ash it will need to be felled at the same time as the ash, as without the ash to prevent it falling onto the road it represents a significant risk.

In order to try and retain as many ash trees as possible within the reserve we will only be felling diseased trees adjacent to the main managed paths which are marked on the information panels. We strongly advise visitors to stick to these paths and avoid the woodland areas entirely during windy weather.

If you would like any further information about this work, please contact me on my email: david.northcotewright@somersetwildlife.org or phone the Somerset Wildlife Trust on 01823 652400.

David Northcote-Wright
Senior Reserves Manager West Somerset and Blackdowns

News from the Churches

Church Services Rota Readings on Pew Sheets

Date	Langford Budville	Runnington
Sunday 4 December	11.00 am Holy Communion	Join Langford
Sunday 11 December	Join Runnington	10.30 am Lay-led Service
Sunday 18 December	No Service	4.00 pm Christingle Service
Sunday 25 December Christmas Day	9.30 am Christmas Holy Communion Service	Join Langford Budville
Sunday 1 January	11.00 am Holy Communion	Join Langford Budville
Sunday 8 January	Join Runnington	10.30 am Lay-led Service
Sunday 15 January	No Service	No Service
Sunday 22 January	Join Runnington	9.00 am Holy Communion
Sunday 29 January 5th Sunday	Join Runnington	10.30 am East Group Joint Holy Communion Service

East Group church contact: Revd Alan Ellacott—01823 669824

Interim Team Rector: Martin Kirkbride 01823 400127

Parish Office phone number: 01823 665254 (leave a message):
email: stjohns.wellington@googlemail.com

Benefice Mid-week Holy Communion BCP are held every Thursday at 10.00 am at St Johns Wellington.

Warm Spaces update

Mondays: Foodbank: Open for an extra hour. Times: **1pm - 3pm**. Soup & a Roll.

Wednesday: All Saints, Rockwell Green. Times: **12 pm** and **5 pm**.

Thursday: The Refuge@the Baptist **9.30 am - 7 pm** . Lunch & evening meal . Full details on the web site : www.wellyrefuge.co.uk

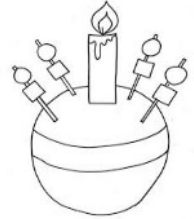
Foodbank: Open for an extra hour. Times : **1pm - 3pm**. Hot Drinks & Biscuits

Fridays: St John's. Times **10 am - 12pm**.

News from Runnington Church

The evening with Nick Girone-Maddocks and his Band on 4th November was a huge success, and a full church enjoyed a wide range of music as well as refreshments. The icing on the cake was that the evening raised over £300 for the Wellington Foodbank. Huge thanks go to Nick and Layla for putting it all together.

Our December services will be a lay-led Morning Worship at 10.30 am on 11th December, and our **Christingle Service**, complete with oranges, sweets and candles, on 18th December at 4.00 pm. We will be joining Langford for their 9.30 am Holy Communion service on **Christmas Day**. For nearby **carol services**, there are Thorne St Margaret's in Thorne Manor barn (with John Young directing choir, and refreshments) at 7.00 pm on 19th December, and Bradford on Tone's **Epiphany carols** (with John



Young, again, directing **In Ecclesia** as choir) at 4.00 pm on 8th January.

Runnington's January services will be 10.30 am lay-led Morning Worship on the second Sunday, 8th January, and 9.00 am Holy Communion on the fourth Sunday, 22nd January.

John Houghton



Open Door is a local charity providing a day centre for people who are homeless and sleeping rough, including those in our rural areas. Our organisation was set up by local churches 20 years ago and retains a strong support from churches and schools in and around Taunton. <https://www.tauntonopendoor.org.uk/news/>

Foodbank: The Foodbank will also be opening as a Drop in Centre during normal opening hours 1.30 - 2.30 pm, where coffee and cake will be provided free of charge. So if you know of anyone who might be interested, please let them know. Steve Jenkins is now a Foodbank Trustee for Wellington. Pastor Steve Jenkins. Tel: 01823 665622 Mob 07740 555105

Notes from St Peters

Our November Soup Lunch was a great success: we were treated to a selection of three delicious soups followed by a pear and almond tart. In December on the 20th we will be holding our **Christmas Soup Lunch** including seasonal goodies and a Christmas Hamper in the Raffle and we look forward to welcoming you.

The **Christmas Tree Lighting** in the Churchyard is on December 3rd and will be lit by the winners of the Children's Competition at about 5.30 pm followed by carol singing, mince pies and mulled wine or hot chocolate. The Tree has been kindly donated by the Christmas Tree Farm.

The School are holding their **end of term Christmas Service** at 2.30 on December 15th. Our **Christmas Day Service** is at 9.30 am on Christmas morning and 2023 commences with our usual Communion Service on January 1st at 11am followed by coffee.

The construction of the toilet building has been held up by the weather but we hope that the building will be up shortly and this project by the Friends of the Church will soon be completed. Quotes are being obtained for the replacement of the back gate which was damaged beyond repair by the recent weather.

Sarah Nutt

St Peter's Café

Soup Lunches

Third Tuesday of the month

St Peter's church

12.00 - 2.00 pm

Come and enjoy a warming bowl of soup and a delicious pudding, among good friends.



The Friends of St Peter's Church,

Langford Budville, invite you to

The Annual Lighting up of the Christmas Tree

Saturday 3 December 2022, 5.30 pm

in the churchyard.

Bring A torch!



Winners of the children's competition will get to turn on the lights.

Carols, mince pies, nibbles and mulled wine in the church afterwards.

Refreshments - Adults £5.00, children £1.00.

Details of the children's competition to follow

**Christmas Tree kindly donated by
Langford Lakes Christmas Tree Farm.**

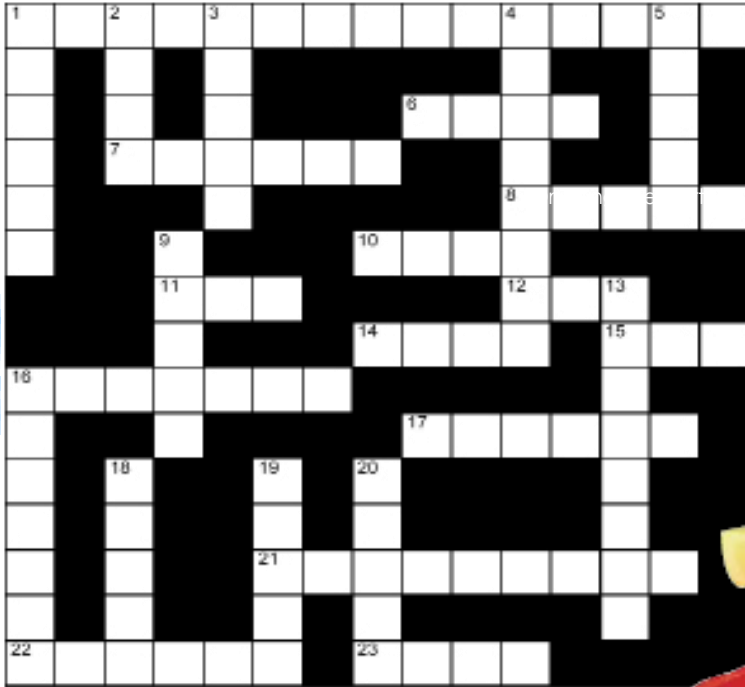


Young Buddies



Christmas crossword

How well do you know Christmas traditions, carols and vocabulary? Answers p. 24

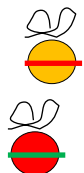


Across

- 1 Another name for Santa Claus (6,9)
- 6 "The First ---" (4)
- 7 What Santa drives (6)
- 8 "Deck the halls with boughs of ---" (5)
- 10 Green object we decorate at Christmas (can be real or plastic) (4)
- 11 "The Holly and the ---" (3)
- 12 Christmas colour (3)
- 14 What we receive in the post at Christmas (4)
- 15 24 December is Christmas --- (3)
- 16 Santa's reindeer (begins with B) (7)
- 17 An animal in the Nativity story (6)
- 21 Very popular Christmas tarts (5,4)
- 22 "--- Night" (6)
- 23 Object placed on top of the tree (4)

Down

- 1 Famous snowman (6)
- 2 What hope to receive at Christmas! (4)
- 3 Santa's helpers (5)
- 4 He takes care of sheep (8)
- 5 A winged being from heaven (5)
- 9 What we give to each other (5)
- 13 The month of Christmas (8)
- 16 Tree decorations (7)
- 18 Christmas song (5)
- 19 Another of Santa's reindeer (begins with C) (5)
- 20 Three well-dressed Nativity visitors (5)





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I pinched this quote from the internet as it sums up the positives of the physical side of dancing and doesn't even mention the sheer pleasure of moving to great music.

Dance complements other forms of exercise such as yoga and pilates, swimming and jogging. This class is not high impact but it can be aerobic if you choose to do steps more energetically. Follow me through the steps and if you get them wrong, who cares – at least you're moving! It works all muscle groups to keep you flexible and in good shape. So come and try The Time Warp, African dance, a quick Charleston or a jive. Bring water and a mat for stretches at the end.

First session free, then £6 pay as you go

Linda@holcomberogus.com

Young Buddies

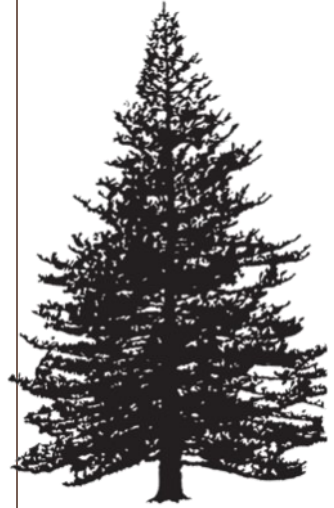
Christmas Crossword Answers

Across

- 1 Father Christmas
- 6 Noel
- 7 Sleigh
- 8 Holly
- 10 Tree
- 11 Ivy
- 12 Red
- 14 Card
- 15 Eve
- 16 Blitzen
- 17 Donkey
- 21 Mince Pies
- 22 Silent
- 23 Star

Down

- 1 Frosty
- 2 Toys
- 3 Elves
- 4 Shepherd
- 5 Angel
- 9 Gifts
- 13 December
- 16 Baubles
- 18 Carol
- 19 Comet
- 20 Kings



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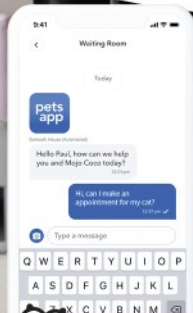
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Community Contacts

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Chairperson	Derek Sowden	dereksowden@hotmail.com
	Juliet Shrimpton	julietlbpc@gmail.com
	Theresa Jacoby	tmbjacoby@gmail.com
	Will McFadzean	
Parish Clerk	Helen Chadwick	langfordbudvillepc@gmail.com
Churches		
Team Vicar	The Rev Alan Ellacott	01823 669824 rev.aellacott1969@btinternet.com
Church Contacts		
Langford Budville Church warden	Lyn Wyatt	01823 400245 lynwyatt1950@gmail.com
Runnington Church Wardens	John Houghton	01823 661323
	Michael Huntingford	mhuntingford@zcmarine.co.uk 01823 672717
Jubilee Hall		
Chairman	Michael Huntingford	mhuntingford@zcmarine.co.uk 01823 672717
Vice Chairman	Andy Pritchard	Pritchard.family2@btopenworld.com
Secretary	Fiona Barber	fionabarber40@hotmail.com
Treasurer	Mike Grabham	
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Primary School		
Executive Head Teacher	Helen Morley	01823 400483 langfordbudville@educ.somerset.gov.uk
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Beat Officers Tel: 101 Crime recording 999 Emergencies	PCSO Vicky Henderson	Victoria.Henderson@avonandsomerset.police.uk tel: 07889 655302
	PCSO Louise Fyne 6945	Tel: 07889 659476

Jubilee Hall Website: www.lbjubileehall.com

Greener Langford Budville team: www.greenerlangfordbudville.com

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www.travelsomerset.co.uk

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 - ♦ To use the bus you **must** register in advance. Download a form from: www.movingsomersetforward.co.uk/public-transport/slinky-services-demand-responsive-transport or call 01823 331266.
 - ♦ To use the bus you have to book a place at least 24 hours and up to 14 days in advance. Bookings can be made between 9.30-3.30, Monday to Friday by calling 01823 331266.
 - ♦ The Slinky bus will make up to three return journeys a day at approximate times to Wellington and once to *MPH. When you make your booking, check the current times which can change.
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Wivey Link a division of the Wiveliscombe Area Partnership
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Magazine Information

Editorial team: Saranne Cessford & Tryphena Huntingford - joint editors
Denise Hunt - Treasurer; Jane Hancock; Alison Eland.

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Our final copy dates:

Round About:

February March edition 19 January

April/May edition 19 March

Round About in Brief:

No January edition

March edition 22 February

Cover photograph: Anais at the Christmas Tree Farm: photo Tryphena Huntingford

*This issue of Round About printed by Character Graphics:
www.charactergraphics.co.uk*

Advertising Rates

This magazine is distributed free of charge to around 300 households in and around the villages of Langford Budville and Runnington.

Commercial	6 editions		1 edition
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