



**LANGFORD BUDVILLE
COMMUNITY EMERGENCY
AND RESILIENCE PLAN**

Community Emergency Contact Details:

Name:

Contact number:

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Introduction

The purpose of this booklet is to ensure that all residents get the help and advice they need, so our community is as prepared as possible to cope with any emergency the best we can.

The advice and guidance contained in this booklet shows our community's dedication to safeguarding every resident, ensuring that no one stands alone in the face of a crisis.

Together, we are prepared, we are united, and we are strong.

This booklet is broken down into 3 distinct sections:

BEFORE – DURING – AFTER an emergency.

Each will contain relevant information and key actions.

Aims of the Emergency Plan

1. Ensure the safety of everyone in our community.
2. To have appropriate actions and systems in place to provide vital information, guidance and direct support where needed and especially when police, fire or ambulance etc. are delayed.

Defibrillator and Bleed Pack Locations

Defibrillator - Langford Budville Village School

Langford Budville Village Hall

Runnington Church (St.Peter & St.Paul)

Emergency Bleed Kit - Langford Budville Village School

Types of Possible Emergencies and Actions to be taken

Floods: Move to higher ground or to a first floor if available. Always avoid walking or driving through floodwaters.

Fire: Evacuate immediately, closing doors behind you to contain the fire. Call 999 and ask for the fire brigade. Never re-enter the building until it's declared safe by a member of the emergency services.

Snow: Stay indoors, keep warm, and clear paths if safe to do so. Contact your Community Emergency Contact if you are not capable of clearing your own paths, and we will try and get help from within our community, if it is safe to do so.

Wind: Stay indoors once you have secured any loose objects outside, and avoid travel if possible.

Utility failure: Report the issue to the relevant provider (see page 11). If you are unsure contact your Community Emergency Contact.

Oil or farm chemical spillages: Avoid the area, report it by dialling 999 & asking for the police. Always follow instructions from the emergency services. Stay indoors and make sure all of your windows and external doors are closed.

Pandemic: Keep up to date with the latest official scientific and medical advice, and avoid contact with groups of people indoors.

Personal: See the enclosed emergency first aid sheet. If the recommendations are appropriate and you are willing to attempt the suggested actions, then go ahead but **DIAL 999 FIRST**.

10 Reasons Why Having a Community Emergency Plan Is Worthwhile

1. Because emergencies do happen!
2. It will co-ordinate a response.
3. It helps to cover the period before emergency services arrive.
4. It reduces risk of panic and poor decision-making.
5. It ensures a better response to an emergency. A reduced impact can lead to a shorter recovery time.
6. It helps identify areas which could be improved upon as part of a longer-term vision of a more resilient community.
7. It helps to bring our community closer together.
8. It helps to care for those who could become vulnerable at that time.
9. It's in the best interests of our community.
10. It encourages everyone to protect themselves by creating an 'Emergency Grab Bag' (See page 12).

Households who anticipate potential hazards are better equipped to minimise their impact.

Community Emergency Contacts (CEC)

Who and what are they?

Who – They are volunteers within our community, who have agreed to give up their time to help where a potentially debilitating emergency of some kind has arisen.

What – They will be the liaison between our residents and the emergency services, utility companies and/or our Community Emergency Planning team. The Planning team will be led by advice given to them by the emergency services or utility companies. If you feel you need some help and advice, then your Community Emergency Contact should be your first contact.

Your Community Emergency Contact will help with checking on those in our community who might need extra help, and they will try to offer practical support if it is safe for them to do so.

Your Emergency Team's Key objectives are:

- To keep all our residents and responders safe
- To support all our residents who could be considered vulnerable at the time of any emergency for many different reasons.
- To minimise disruption, distress and discomfort as much as possible.

Actions to take BEFORE an emergency happens

Your top 10 BEFORE tips:

1. Write the name and contact details of your Community Emergency Contact on the front page of this booklet, and keep it somewhere visible at all times.
2. Make sure **BBC Radio Somerset** is pre-programmed into your radio or smart speaker, and **BBC Spotlight** or **BBC West** tuned into your television.
3. If you have a smartphone or tablet, then download the **Met Office Weather Forecast app**. Pay particular attention to any National Severe Weather Warnings for our area, and act on any advice.
4. **Have a good supply of AA or AAA batteries** stored in your emergency grab bag (see below) in the event of power failure, or, if you don't already have one, purchase a wind-up radio.
5. **Create an emergency grab bag of essentials**, such as torch (with spare batteries), pocket radio, UHT milk, non- perishable food such as tins of soup, beans or other wholesome foods, bottled water and medications. Enough for at least 3 days. Plus, a fully charged power pack for recharging your mobile phone or tablet. These items are a suggested minimum requirement. Please add anything to your bag which will help to maintain your spirits. (See page 12 tick list).

6. Many of us today use a card or mobile phone to pay for goods, but if the internet is disrupted and shops can't accept cards or digital payments, then **an emergency stash of cash may save you from going hungry.**
7. Keep abreast of weather forecasts, and where named storms are predicted, **fill as many thermos flasks with hot water as possible.** This will allow you to have a hot drink during any power cuts which may happen as a consequence.
8. Secure garden furniture, ladders, outdoor toys, any rubbish, recycling and green bins, plus all windows and external doors.
9. **Park your vehicles safely**, preferably in a garage if you have one, otherwise, move them away from trees, walls and fences where possible.
10. **Have your buildings and contents insurance policy to hand** in case you need to report a claim for any storm damage.

Your notes:

Actions to take DURING an emergency

Always follow the simple guidance of:

Go in – If outdoors at the time of the emergency, then concentrate on getting home, if it is safe to do so, or at least get to a designated place of safety as soon as possible.

Stay in – Once in a safe place - stay there. Do not leave until directed by a member of the emergency services, or a member of the Emergency Team who will wait until they are told by a member of the emergency services. Keep children and pets indoors and stay away from any windows.

Tune in – Keep your radio, smart speaker, or television tuned into local radio or television stations such as BBC Radio Somerset (FM 95.5 or 1566 MW), BBC Spotlight or BBC Points West.

Your notes:

Your top 10 DURING tips:

1. Keep internal doors closed to reduce the impact of wind pressure.
2. Avoid travel – do not drive unless your journey is absolutely necessary.
3. If you must drive be prepared for high winds, poor visibility or flooding. Avoid exposed routes like bridges or high roads
4. Don't go outside to repair any damage – wait until the storm has passed.
5. Check on your neighbour, preferably by phone. If you have any concerns, contact your Community Emergency Contact.
6. In a power cut turn off all electrical appliances to avoid possible surge damage. Leave a light switched on to know when the power is restored. Limit opening the door to a fridge or freezer to maintain the correct temperature levels.
7. Use torches rather than candles to minimise fire risk.
8. If you see any fallen electricity lines, then report them by dialling 999. **DO NOT GO NEAR THEM.**
9. The village hall has been registered with Somerset Council as a place of support and safe refuge. If you wish to be evacuated, then contact your Community Emergency Contact, and they will help to make arrangements to get you there.
10. If any further sites are added to the list of places of support and refuge, this will be communicated via the Round About magazine.

Actions to take AFTER an emergency

1. Await the all clear from the emergency services or utility company before venturing outside. Confirmation could be received directly from them, or via your Community Emergency Contact who will wait to be instructed by them.
2. Check on how your neighbours are feeling, and how have they come through the emergency. If you are concerned about their wellbeing, then dial 999 and ask for the police or ambulance whichever is applicable. If you require any further guidance, contact your Community Emergency Contact.
3. When you are initially outside look out for fallen debris from trees and/or buildings.
4. Inspect your property as soon as possible, and take photos of any damage for any building insurance claim.
5. Assess how well you managed this emergency, and consider what you could improve if another emergency happens.
6. Let your Community Emergency Contact know what you liked about the help you received Before, During and After the storm, plus what do you think could be improved.

AS A TEAM AND A COMMUNITY

**WE MUST MAKE SURE WE LEARN FROM OUR EXPERIENCES
AND AIM TO DO BETTER NEXT TIME,**

BECAUSE THERE WILL BE A NEXT TIME!

Useful Emergency contact numbers:

Police/Ambulance/Fire Brigade: 999

Police non emergencies: 101

Electricity: 105 for power cuts

999 for power lines brought down.

National Grid Electricity Distribution (formerly Western Power):

0800 6783 105

Wessex Water: 0345 600 4600

0345 600 3600 for non-emergencies

Environment Agency: 0800 807060 24 hr hotline for

environmental incidents

0345 988 1188 - floodline

Your important numbers:

Your Emergency Grab Bag Tick List

Being prepared for emergencies will make it easier for you to cope and to recover, as well as reducing unwanted impacts on you and your home.

An emergency grab bag containing at least 72 hours of essential supplies, is one way of ensuring that you have the necessary items ready to be useful during an emergency.

- Water
- High energy non-perishable foods (For example: tin foods, dried and preserved foods – noodles, pasta rice. Nuts, chocolate, sweets etc).
- First aid kit and any medications. (Such as paracetamol, ibuprofen, and all prescription drugs).
- Hand sanitiser and moist wet wipes.
- Phone charger and power pack (if you own one).
- Pocket radio (preferably a wind-up one).
- Torch and spare batteries.
- House insurance details, important contacts phone numbers, personal medical details and an amount of cash, all in a waterproof bag.

Take the time to identify your needs adding anything relevant to your own personal requirements. Review the bag's contents regularly and always keep a copy of your check list inside. Update your personal details whenever necessary.